



WOMEN'S INTEGRATED HEALTH CARE OB/GYN Briefs

Jan, Feb, Mar 2012
Winter Edition

IN-OFFICE DIAGNOSIS AND TREATMENT FOR URINARY DYSFUNCTION, ABNORMAL UTERINE BLEEDING PERMANENT BIRTH CONTROL (AND OTHER BIRTH CONTROL OPTIONS)

Women's Integrated Health Care provides the most advanced obstetrical and gynecological and uro-gynecologic care possible for our patients. We offer treatment for urinary dysfunction which includes: **urodynamics testing, cystoscopy, bladder suspension** as well as treatment for overactive bladder symptoms (**InterStim** by Medtronic, a sacral nerve stimulator) for patients who experience stress-incontinency, urinary frequency or urinary retention who have tried medications and are unhappy with the results, didn't see success or experienced side effects.

Other in-office procedures include: **Essure** (a permanent birth control); Intrauterine device (**Paraguard and Mirena**) insertion; placement of the implantable birth control option, **Implanon; Thermachoice and Novasure and HTA** (for treatment of abnormal uterine bleeding).

We offer patients the option of having the in-office procedures performed under conscious sedation anesthesia. Our patients have been very happy with this because, unlike general anesthesia administered in the operating room, patients are comfortable during the procedure and once the procedure is over, they are able to "wake up" and walk out of the office shortly afterward.

We have performed over 3,000 of these minimally-invasive procedures in the office since we began offering the newest technologies in 2006. We are available to discuss treatment options at any of our offices and, as always, we welcome new patients.

BRCA TESTING – For Hereditary Breast and Ovarian Cancer: Risk isn't just passed from mother to daughter or son. A father can also pass it on to his daughter or son. Women with a BRCA mutation have: up to 50% risk of developing cancer by age 50; up to 87% risk of developing breast cancer by age 70 and 64% risk of a second breast cancer; up to a 44% chance of developing ovarian cancer by age 70. BRCA testing can help identify women at risk, allowing them to increase surveillance, use preventive drug therapy or undergo preventive surgery. We encourage patients to talk to one of the providers at Women's Integrated

"With our patients' healthcare, experience matters! We have performed over 3,000 of these non-invasive procedures in the office since we began offering the newest technologies in 2006. We are available to discuss treatment options at any of the offices and as always, we welcome new patients."

Our Mission

To provide the most up-to-date, comprehensive, quality medical care to women in all stages of their lives. Our group was formed because we share common beliefs, ideals and goals: primarily that our patients come first, without exception.

WIHC Administrative Office, 1595 Genesys Pkwy., Grand Blanc, MI 48439
(810) 606-9190, fax (810) 606-9400



*WE TREAT
OUR
PATIENTS
LIKE
FAMILY*

Contact us:

Grand Blanc - 1595 Genesys Pkwy.

(810) 606-9190

(888) 263-3268

Davison - 10004 Lippincott Blvd.

(810) 653-0388

(877) 481-1588

Clarkston - 5900 Waldon Rd.

(248) 922-0615

Fenton - 17200 Silver Pkwy.

(810) 714-5361

Lapeer - 944 Baldwin Rd.

(810) 606-9190

Sandusky - 100 W. Argyle

(810) 606-9190

www.womensintegratedhc.com



ANSWERS TO FLU AND VACCINES IN PREGNANCY QUESTIONS

Should pregnant patients receive flu vaccine? Yes. The Centers for Disease Control (CDC), ACOG, AAFP and WHO all recommend the flu shot for women who will be pregnant during flu season. In addition, studies show getting the flu shot during pregnancy provides some protection to the baby until they are five to six months old.

The shot can be given at any time during the pregnancy. Pregnant women should not receive the nasal spray vaccine because it is made with the live virus.

If you suspect your patient has the flu, treatment should begin within 48 hours, if possible. Both Tamiflu and Relenza may be used in pregnancy. Tamiflu should be considered first if the patient has a history of asthma or is having respiratory symptoms.

Which vaccinations are important for pregnancy? Any vaccine which is inactivated, not live, may be given in pregnancy if indicated.

WE NOW OFFER OUR PATIENTS LACTATION SUPPORT AS A PART OF THEIR OB EXPERIENCE.

One of the healthiest things a mother can do for her baby is to breastfeed. Approximately 75% of new mothers will initially breastfeed, yet only 15% breastfeed exclusively until the age of 6 months. Lack of support from trained professionals has been found to be a major barrier. A study by the Center for Disease Control found that professional support alone increased the duration of breastfeeding by 11%. Because we believe in the benefits of breastfeeding, two of our clinicians, Karen Taylor, WHNP and Megan Rule, RN, are now trained to offer lactation support. Appointments can be made prenatally or after delivery by calling our main office (810) 606-9190.

**"THAT'S MY BABY"
ULTRASOUND
IMAGING**



We are delighted to offer this unique opportunity, giving expecting parents a glimpse of their baby in the womb!

LIST OF SERVICES:

Well Woman Care

Comprehensive OB Care

3D/4D Ultrasound

Gynecological Services

Diagnostic Hysteroscopy

Concerns of the Female Adolescent

In-office Procedure for Permanent Birth Control

(and other birth control options)

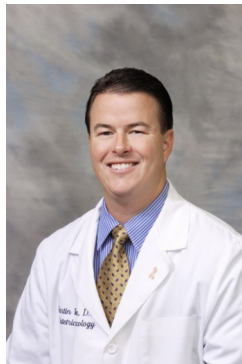
In-office Endometrial Ablation

Urodynamic Testing / Urinary Dysfunction

The Providers



**Keith Heslinger, MD
FACOG**



**Martin Lapa, DO
FACOOG**



**Thomas Wright, DO
FACOOG**



**Karen Taylor, NP
WHNP**